Length of Coaching

The average time period for individual coaching is 3-6 months. The minimum commitment is 3 months. Basic training sessions/workshops are 2-4 hours. Sessions may vary based on specific need/proposals.

My Specialties

I coach individuals and groups, conduct seminars and trainings for corporations, school districts, and religious organizations. Key coaching and training areas are:

- Life Transformational Coaching
- Personal Development Training
- Emotional Intelligence
- Emotional Well-being
- Spiritual Coaching

What is the cost?

The investment for the minimum personal commitment of 3 months of coaching is \$300.00. Optional payment: \$75.00 per month if payment made during the 4th month based on approval. Trainings/workshop: 2 hours - Flat fee: \$350.00. Individual and group registration for webinars/ seminars and workshops range: \$25-\$50 per person.

If organizations require additional time, please contact me directly using the <u>contact form</u> on website: https://www.theroyaltysolutions.com or email: **royaltysolutionsus@gmail.com**.



Contact Us

Royalty Solutions

451 Maxey Rd., Houston, TX 77013 Phone: 346-401-7817/832-880-2577 Email: royaltysolutionsus@gmail.com https://www.theroyaltysolutions.com/





"Providing the guidance and training needed to get you on the path to purposeful living."

Coaching &
Consulting
Service



Meet the Coach *Queen E. Phillips*

(328)

Coaching has been a part of Queen's life for over 20 years in her roles as manager, supervisor, and training specialist. Each of these positions required her guidance and help in employee development, and advice about personal life issues. She has worked 25 years as a teacher, conference speaker, workshop presenter and mentor.

Now she uses her wisdom and expertise as a life transformation coach and faith-based consultant. She offers coaching programs to individuals and groups, conduct seminars and workshops. Her passion is to help guide individuals through moving from where they are to where they want to go. She gives them the keys to unlock their potential, change their way of thinking and see from a kingdom perspective.



Giving you the keys to unlock the greatness within to live a purposeful, powerful, and productive life...
Royalty as Kingdom citizens.

How Does Coaching Work?

The basic coaching plan includes three 1-hour Zoom sessions per month. You can supplement your coaching in between sessions with e-mail coaching at no extra charge.

AS YOUR COACH...

I will help you:

- Identify personal goals and make plans to achieve them
- Explore options and challenge you to go beyond your comfort zone
- Remove roadblocks such as fear, procrastination, perfectionism and hold you accountable to stay on the path to success, always moving forward
- Ultimately, as your coach, I will assist and guide you in getting to the desired result by recognizing and committing to change.

I will help you reach your desired result by:

- Providing training and consultation to give you the keys to access what is already within you.
- Motivating you to implement what you learn or already know.
- Encouraging and pushing you to move forward and let go of past mistakes and failures
- Offering inspirational resources to keep you focused, faithful and fearless.
- Holding you accountable and challenging you to launch out and activate your gift(s) to help others.